

AMENDMENTS TO THE CLAIMS

Please cancel claims 1-6 and 18 without prejudice as shown below:

Claim 1 (Cancelled).

Claim 2 (Cancelled).

Claim 3 (Cancelled).

Claim 4 (Cancelled).

Claim 5 (Cancelled).

Claim 6 (Cancelled).

Claim 7 (Original). A therapeutic method comprising:
forming a bop-bag having an outer cover; and
forming an area on the outer cover that is devoid of
printing and co-operative with marking instruments to form a
design on the area and co-operative for removing the design.

Claim 8 (Original). The method of claim 7 further
including forming the bop-bag to have a head section, a neck
section, and a torso section wherein the torso section has a
diameter that is greater than a diameter of the head section
and a diameter of the neck section and forming the area on
at least one of the group consisting of the head section,
neck section, and torso section.

Claim 9 (Original). The method of claim 7 further
including using the bop-bag for mental therapy including
forming a design on the area on the outer cover and
subsequently removing the design from the outer cover.

Claim 10 (Original). The method of claim 9 further
including using the marking instruments for forming the
design.

Claim 11 (Original). The method of claim 7 further
including forming another area on the outer cover by forming
the another area having a preprinted marking.

Claim 12 (Original). A therapeutic method comprising:
forming a bop-bag having a resilient outer cover in a
humanoid shape; and

forming an area of the resilient outer cover to be
devoid of printing and to co-operate with marking
instruments for forming a design on the area and for
removing the design from the area.

Claim 13 (Original). The therapeutic method of claim
13 wherein forming the bop-bag includes forming the bop-bag
having a head section, a neck section, and a torso section
wherein the torso section is wider than either the head
section or the neck section.

Claim 14 (Original). The therapeutic method of claim
13 including forming the area on the head section.

Claim 15 (Original). The therapeutic method of claim
12 further including using wet erase marking fluid for
forming the design on the area.

Claim 16 (Original). The therapeutic method of claim
12 wherein forming the bop-bag having the resilient outer
cover includes forming the bop-bag from polyvinyl chloride
having a thickness greater than 0.20 millimeters.

Claim 17 (Original). The therapeutic method of claim
12 further including forming the bop-bag having a height
between ninety-three and one hundred ten centimeters.

Claim 18 (Cancelled).